

**The Arc of Nebraska's
56th Annual State Conference**

St. Mark's United Methodist Church
8550 Pioneers Blvd., Lincoln, NE

Friday, April 9 12:30pm-5:00pm followed by awards banquet/movie
Saturday, April 10 9:30am-3:30pm

Check our website for updates at www.arc-nebraska.org

We are all in this together!!

ROOM RESERVATIONS: For overnight accommodations the following hotels are nearby:

- AmericInn • 8701 Amber Hill Court • Lincoln • 402-420-0027
- Holiday Inn Express • 8801 Amber Hill Court • Lincoln • 402-423-1176
- Candlewood Suites • 4100 Pioneer Woods Drive • Lincoln • 402-420-0330
- Hampton Inn • 5922 Vandervoort Drive • Lincoln • 402-420-7800

Early Bird Registrations

Early bird registrations must be paid and received by The Arc of Nebraska **no later than March 22nd**

- Full Conference - \$90** (includes awards banquet/movie, lunch, and break refreshments)
- Friday PM Only - \$50** (lunch on your own - includes break refreshments and awards banquet/movie)
- Saturday Only - \$60** (breakfast on your own - includes break refreshments and lunch)
- Awards Banquet/Movie Only - \$25.00**

Regular Registrations

Registrations paid and received by The Arc of Nebraska **after March 22nd**

- Full Conference - \$140** (includes awards banquet/movie, lunch, and break refreshments)
- Friday PM Only - \$70** (lunch on your own - includes break refreshments and awards banquet/movie)
- Saturday Only - \$80** (breakfast on your own - includes break refreshments and lunch)
- Awards Banquet/Movie Only - \$35.00**

**REGISTRATION INFORMATION: DEADLINE IS MONDAY, APRIL 5
REGISTRATIONS RECEIVED AFTER APRIL 5 CANNOT BE ACCEPTED**

Mail to: The Arc of Nebraska, 3601 Calvert Street #25, Lincoln, NE 68506 or Fax to: 402-475-0214
E-Mail: arcneb@inebraska.com Website: www.arc-nebraska.org

Name: _____

Address: _____

City: _____ Phone # _____

_____ Full Convention _____ Friday PM Only _____ Saturday Only _____ Banquet/Movie Only

_____ **Total Amount Enclosed**

Special Accommodations (Please Specify) _____

I'd like to pay with a credit card. Credit Card Number: _____

Expiration Date: _____ Total Amount Charged: _____

2010 Conference Program

Friday, April 9th 12:30pm - 5:00pm Concurrent Sessions

Money Follows the Person 12:30pm - 1:45pm

Presenter: Bil Roby, Grant Manager, Nebraska Money Follows the Person

Nebraska is one of thirty states with an approved federal grant to help make widespread changes to long-term care support systems. The Money Follows the Person project provides Home-and-Community-based Services (HCBS) outreach and education to residents and staff in nursing facilities and ICF/MRs and promotes public awareness of community-based services through presentations to a variety of groups and organizations throughout the state. The project's most important purpose is to ensure this message is communicated to all individuals residing in facilities and to assist in transitioning individuals who wish to return to a more independent setting in the community.

Community Supports Program 12:30pm - 1:45pm

Presenters: Mary O'Hare and Lloya Fritz, Project Coordinators

Mary O'Hare and Lloya Fritz, Project Coordinators, will provide information on a grant they received from the Nebraska Planning Council on Developmental Disabilities. The focus of the project is to improve transition planning for young adults with developmental disabilities, with a focus on studying the use and effectiveness of the Community Supports Program (CSP). A CSP Study has been completed that involved gathering input from stakeholders statewide, identifying effective practices and barriers, and developing recommendations to increase utilization and effectiveness. The results of this study and next steps for the project will be shared in this session.

Voting 2:00pm - 3:15pm

Presenters: Mary Angus, Angus Disability Consulting and Marla Fischer-Lempke, Executive Director, The Arc of Nebraska

The format will be an interactive presentation. Voter education can be fun as well as informative. We'll be providing general information on various state and federal voting laws as well as thinking about how Nebraskans can become active in the voting process. Participants will also have the option to register to vote if they choose.

Participants will learn:

- Political and personal power related to voting
- Their rights as voters and the protections to which they are entitled
- How their votes count (as opposed to "why bother?")
- How to find out information on issues they feel are important
- Accommodations they can use to improve their comfort in voting

NE-APSE 2:00pm - 3:15pm

Presenter: Linda Kalhoff, President, NE APSE

APSE is a growing national membership organization formed in 1988 as the Association for Persons in Supported Employment, now known as APSE, to lead in the advancement of equitable employment for citizens with disabilities. Come see what the Nebraska chapter of APSE has been up to!

Aged & Disabled Resource Center 3:30pm - 4:45pm

Presenter: Sarah Briggs, Manager, State Unit on Aging

Aging and Disability Resource Centers are intended to be the "front door" into the full spectrum of services an elder or person with disabilities might want to access in planning for long term care. ADRCs seek to engage partners across the spectrum of funding streams and disability affiliations in order to make available services more understandable and accessible to consumers. Nebraska's Aging and Disability Resource Center project will provide a brief definition of and history of the ADRC concept nationally. Description of Nebraska's proposed project and outline of work completed to date. Information about how participants can learn more and/or offer comments and feedback on the project as it develops.

Legislative Advocacy: How does it work? 3:30pm - 4:45pm

Presenters: Brad Meurrens, Public Policy Specialist, Nebraska Advocacy Services, Inc. and Nathan Schulte, Intern, The Arc of Nebraska

The legislative process can seem intimidating. How do you find out what legislative bills mean? How do you talk to Senators? See how the legislative process can be broken down into simple steps while also learning how to advocate for yourself and/or others!

Exhibits, Silent Auction and Networking 4:45pm - 5:45pm

Awards Banquet and a Movie!!! Awards Banquet 6:00pm

Movie: *A Friend Indeed: The Bill Sackter Story*

After 44 years in the institution, Bill's life was about to begin...

"A Friend Indeed – The Bill Sackter Story" is an inspiring new documentary showing how a forgotten man and an uncommon friendship shattered the world's perceptions of people with disabilities.

Saturday, April 10th

9:30am - 3:30pm

Lunch 12:00pm - 1:00pm

ONE-DAY WORKSHOP ON THE POWER OF ROLES

PURPOSE

The purpose of this one-day event is to give participants a practical introduction to the concept of Social Role Valorization (SRV) and some of its main elements. SRV is a theory that contains certain positive assumptions, principles, and practices which have proven to be important as a framework for supporting persons who are or are at risk of being devalued by society. In particular, it is designed to help participants understand some of the devaluation process that society and even human services perpetrate upon persons. And then to assist participants to understand the power of social roles to counteract some of the effects of devaluation and to their importance in assisting people who have been marginalized to have a full and inclusive life.

CONTENT

The basic content of this one-day session is divided into two sequential and interrelated parts, which consist of:

- a. A review of some of the major negative consequences of societal devaluation, including the fact that large numbers of people who become devalued are rejected, cast into extremely negative "deviancy" roles, and very negatively imaged
- b. An overview of positive social roles and how to assist people to be in those roles.

FORMAT

The workshop format employs a variety of media including presentations (using overheads), group exercises, and large and small group discussions and exercises. Participants will have opportunities to relate the material to their family member with a disability and brainstorm ideas around positive roles with one another.

PRESENTER

The workshop will be conducted by Darcy Elks. Darcy has been a human service provider, trainer, consultant, evaluator and advocate on behalf of people who are societally devalued for over 20 years. She has traveled extensively and worked with many different people including persons who have themselves been marginalized by society, advocates, family members, and human service providers. Darcy has three children one of whom has a disability. Her passion and focus has been and continues to be working on inclusion on behalf of persons with disabilities



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56th ANNUAL STATE CONFERENCE
April 9 - 10
Lincoln, Nebraska

We are all in this together!!

*Featuring: International Speaker
Darcy Elks*

One Day Workshop on "The Power of Roles"
